

When I see a car parked in front of me I pay attention

- > In case its doors open suddenly
- > In case a pedestrian may appear in front of the car
- > In case a passenger comes out of the car
- > In case the car is about to start and the driver has not seen me

Pay attention during the night, especially when the weather is bad

- > I always have the front and back lights on
- > I wear the appropriate clothes so that other vehicles can see me
- > I hold the steering wheel with both hands as there are increased risks on the road due to the rain

Your bicycle must necessarily have the following lights

In front white or yellow



Back red

Useful signs that a cyclist should know

Cycling lane



Warning about the existence of special traffic arrangements for cyclists



Mandatory cycling lane



The use of bicycles is forbidden



Road for both pedestrians and cyclists



## TRAVELLING ON A BICYCLE



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## Before you start

### Before you start your bicycle journey

make sure that:

- > The breaks, steering wheel, bell, lights are all functioning
- > You have at least one right view mirror on your bike
- > Your tyres have sufficient air and are in good condition
- > You wear appropriate clothes, so that others can easily see you

## Carrying of objects by bicycle

### Carrier bag on your back

One of the best ways of carrying objects is certainly by using a rack sack strapped around your back. This solution is economical, practical and comfortable. It is recommended for transporting various light objects.

**Attention:** The transportation of objects on the handles of the bike is forbidden.



## I come on the road with my bicycle

### Behaviour on the road:

- > I always drive on the extreme left of the road
- > I do not climb on to the pavement
- > I respect pedestrian passages/crossings
- > I give priority to pedestrians

### When you are on the road with your bicycle

- > Do not seek support from other vehicles or another bicycle
- > When you take over you need to check behind and in front of the road, keeping to the relevant road safety regulations
- > You must make sure that the drivers of other vehicles can see you
- > You are advised to wear a helmet
- > You need to give specific signs of your intentions to the other drivers
- > You need to notify the driver coming behind you with your right or your left hand about your intentions
- > Always hold the steering wheel with both hands. Only when you need to make a signal you should relinquish one handle
- > When you travel with other cyclists, up to three, make sure you are in line, one behind the other
- When you are more than four persons you may
- > travel in couples
- Do not offer transport to another person on
- > your bike, unless there is a special seat for this purpose.

## When I want to notify the drivers about my intentions



I intend to turn  
**RIGHT**

I intend to turn  
**LEFT**

I intend to  
**REDUCE SPEED**

## When I want to turn in a road with no visibility

- > I carefully watch whether there are pedestrians in the corner
- > I give priority to old people and children
- > I never turn with high speed

## Cycling in roundabouts

- > I pay particular attention to roundabouts. The vehicle already in the roundabout has priority
- > I always give priority to the vehicle that is inside the roundabout and is approaching from my right
- > It is possible that the driver does not see me in attempting to get off the roundabout

## On traffic lights and crossings



- > I respect pedestrians on the crossings
- > At the traffic lights I stop together with all other vehicles